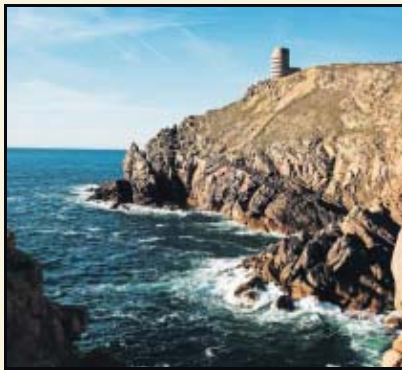


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take 3 OUR Take Three column gives a trio of cut-out-and-keep suggestions. If you're looking to stretch your legs on some of the UK's most scenic trails, this week we feature some British island breaks, all with excellent walking routes.

TAKE A WALK ON WILD SIDE



BUDGET – Jersey: Ramblers have plenty to fuel them on this island as many top-notch trails along scenic bays pass eateries that dish up the freshest of grub. Between September 20 and 29 the annual Jersey Festival Of Words features talks from authors and illustrators. Seven nights' B&B at the 3★ Norfolk Lodge Hotel is from £535pp, including ferry from Poole for two people in a car on September 23. See condorferries.co.uk/holidays-breaks or call 03456 091 024.



BARGAIN – Isle of Wight: Its chalky white needles, golden beaches and family attractions make this a go-to holiday spot. There are miles of coastal walking trails too where you can tick off key destinations like St Catherine's Point, Ventnor Botanic Garden, and Osborne House. Check in at Freshwater Bay House with sweeping views over the sunny sands. A four-night self-guided walking holiday is from £605pp, including full-board, cream tea on arrival, and routes and maps. Price based on September 21 departure. See hfholidays.co.uk or call 020 3974 8865.



BLOW OUT – Guernsey: Its annual Autumn Walking Festival is a dream for experienced hikers and novices alike with a series of guided walks that take in nature and history. This year's festival, from September 14 to 29, features additional activities including a seaweed foraging tour where visitors can tuck into some and learn about beauty products made from it. While in town, head to the tiny, car-free island of Herm for its Ale And Cider Festival. Seven nights' B&B at the 4★ La Fregate Hotel is from £1,433pp, including ferry from Poole for two people with a car on September 23. See condorferries.co.uk/holidays-breaks or call 03456 091 024.

